

OUR FAMILY STORY

Books That Connect

One Little Moment Worth Keeping

Draw a memory. Make a story. Share a smile.

1 REMEMBER

2 CONNECT

3 CREATE

4 KEEP

Draw a moment I love

Who or what is in
my story?



You can draw a person, a pet, a place, a favorite routine, or a happy memory.

1 One thing I want to remember is...

2 The people, pets, or places in my story are...

3 How does this story make me feel?

happy calm loved brave curious thankful

A grown-up can help you keep this page, add it to a family storybook, or safely share it with someone you love.

1 REMEMBER 2 CONNECT 3 CREATE 4 KEEP

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My Story Can Travel

Choose someone to share with, make a little message, and decide whether to keep it or share it with help from a trusted adult.

2 I want to share with...

A family member, a friend, a helper, or someone special to me.

My message

I can draw a picture, write a note, or tell a grown-up what I want to say.

STAMP

To: _____

From: _____

Date: _____

Make a tiny page

Draw one picture for a family book or memory file.

Title: _____

What would I like to do?

- ☐ Keep this with me
- ☐ Add it to a family storybook
- ☐ Share it with help from a trusted adult
- ☐ Save it for later

My helper (optional): _____

4 Safe Sharing Tip

A trusted adult can help choose what stays private, what gets shared, and how to send it kindly and safely.